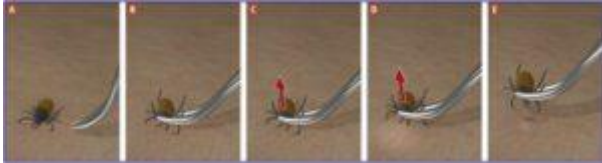


Instructions for removing a tick from the skin

How to remove a tick?

- Grasp the tick with tweezers as close to the skin as possible.
- Pull the tick out with a smooth and firm motion, making sure no part of it is left in the skin.
- Disinfect the skin after removing the tick.
- Do not delay removing the tick and do not wait for it to fall off on its own! The sooner the tick is removed, the less likely it is to become infected with dangerous pathogens.



The tick must not be pulled out with your fingers, twisted, tugged, crushed, lubricated with fat, butter or disinfectant. A tick subjected to such treatments often vomits, which greatly increases the likelihood of infection.

To remove the tick, you can also use special hooks that can be purchased at the pharmacy.



Tick examination

After removing the tick, it can be tested for the presence of pathogens causing tick-borne diseases, e.g. Lyme disease and tick-borne encephalitis. It is always worth doing it, due to numerous other threats caused by a tick. It can also be removed in medical centers by appointment to make sure it is completely detached from the skin. However, this often requires a slightly longer waiting time, which can be serious for the person who is bitten. You can easily remove a tick yourself at home.